

## Renal or Consistent Carb

Friday

Choose \_\_\_\_ Carb Servings  
1 Carb Serving =15 gm Carbohydrate

### Breakfast

**Chef's Choice**  
Biscuit (1.5 Carb)  
Scrambled Eggs  
Turkey Sausage

### Ala Carte

Oatmeal/Cream of Wheat (1 Carb)  
Eggs- Scrambled,Hard Boiled  
Cold Cereals upon request

Sugar-Seasoning-Pepper  
S & L-Seasoning-Pepper

### **Beverages**

C/Decaf 4oz- 2% or 1% (1 Carb)  
HT/IT Fruit Punch or Apple (1 Carb)

NAME: \_\_\_\_\_ Rm #: \_\_\_\_\_

X1022 (Rev. 05/24)

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### Lunch

**Chef's Choice**  
Chicken and Dumpling (2 Carbs)  
Broccoli  
Mini Blueberry Bundt Cake (2 Carbs)

### Soup & Sandwich of the Day

SR Chicken Noodle  
Soup (1Carb)  
Chicken Salad  
Sandwich on White (2 Carbs)

Sugar-Seasoning-Pepper  
S & L-Seasoning-Pepper

### **Beverages**

C/Decaf  
HT/IT Fruit or Pineapple (1 Carb)

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### Dinner

**Chef's Choice**  
Roasted Pork Loin w/ Demi Glaze  
2/3c. Yellow Rice (1 Carb)  
Zucchini  
Peaches (1 Carb)

### Soup & Sandwich of the Day

SR Chicken Noodle  
Soup (1Carb)  
Chicken Salad  
Sandwich on White (2 Carbs)

Sugar-Seasoning-Pepper  
S & L-Seasoning-Pepper

### **Beverages**

C/Decaf  
HT/IT Grape or Apple (1 Carb)

NAME: \_\_\_\_\_ Rm #: \_\_\_\_\_